



Leadership Development: Self-Awareness, Skills, and Strategies



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Introduction:

The best leaders thoroughly understand themselves. Time and time again, research has shown that self-awareness and self-direction are two essential factors in leadership effectiveness. As leaders gain a better sense of themselves and a clearer plan to self-actualization.

Targeted Groups:

- Managers among all managerial levels
- Supervisors & Team leaders
- Human resources department
- People interested in developing their skills

Conference Objectives:

At the end of this conference the participants will be able to:

- View leadership from a new and higher-level perspective
- Discover and analyze their leadership style and tendencies
- Grow in personal power and effectiveness
- Discover and build upon their intrinsic leadership qualities
- Understand, develop and employ the emotional forces within them
- Develop the critical interpersonal skills essential for leading others
- Discover the “inner” leader as a source of growth
- Tap into your amazing hidden personal power
- Take team development to new levels of achievement
- Learn to lead through excellent communication skills
- Have the ability to understand and relate to people in the organization
- Avoid many of the difficult people and HR problems that plaques many organizations
- Possess skills that are now considered to have a greater impact on organizational performance than traditional measures of intelligence such as IQ
- Promote increased employee cooperation, increased motivation, increased productivity, and increased profits
- Understand themselves and their potential more clearly
- Recognize their own emotions as well as the emotions of others
- Resolve conflict more effectively
- Improve their ability to communicate, influence and work with others

Targeted Competencies:

- Leadership skills
- Team management
- Performance management
- Emotional Intelligence
- People Skills
- Communication skills

Conference Content:

Unit 1: Master Keys of Effective Leadership:

- The principles of leadership
- The mind of the leader
- The heart of the leader
- The practices of effective leaders
- The five roles leaders play
- Leadership self-assessment
- Rebalance your leadership style for optimal results

Unit 2: Towards Emotional Self-Awareness:

- Growing your power
- Achieving emotional excellence
- Self-leadership through inner mastery
- Success through a positive attitude
- Your time and your life
- Increasing personal productivity
- Direction through personal Integrity
- Designing a strategic plan for your life and career

Unit 3: Mastering People Skills:

- Understanding Interdependence
- Winning through effective communication
- The active listening model
- The four styles of communication
- Dealing with conflict constructively
- Using the principles of influence & persuasion
- Speaking and presenting skillfully
- The art of win-win negotiation

Unit 4: Building and Leading Extraordinary Teams:

- How a high performing team differs from a traditional workgroup
- The three elements of high-performance teams
- Understanding the four types of teams
- The stages of team development
- Team dynamics: How teams work
- Understanding and optimizing team member styles
- Leading through trust

- Leading through change

Unit 5: Performance Management:

- Igniting team creativity
- The art of practical coaching
- Conducting effective performance discussions
- Positive discipline through expectations
- Delegating and empowering the right way
- The situational leadership model
- How to analyze development needs
- Using effective tools for managing performance