



## Person-Centered Planning (PCP) Course

18 - 20 May 2025  
Dubai (UAE)



# Person-Centered Planning (PCP) Course

**Ref.:** 15534\_313766 **Date:** 18 - 20 May 2025 **Location:** Dubai (UAE) **Fees:** 3900 Euro

## Introduction:

For a live demonstration or PCP Person Centered Planning event around a disabled person of any age, we would encourage you to invite as wide a range of participants as you can including other pupils, family members, and a wider range of 'natural supports' who love and care for them, as well as the staff team.

## Targeted Groups:

The training is intended for:

- People who love H family - including extended family- best friends.
- People who like H friends and acquaintances, and others.
- People who support H for example teaching support, private therapists, and so on....
- Major Stakeholders headteacher, representatives of the local authority, and others.

## Training Objectives:

By the end of this course the participants will be able to:

- Valuable insight into the lives of a person with a disability, highlighting their capabilities and achievements as well as their support needs.
- Understanding what is required for people with disabilities to live independent lives and meet their full potential.
- Identify barriers, such as legal, environmental, accessibility, and attitudes of others.
- Knowledge of the right attitudes, values, and understanding of the complex issues of living with a disability.
- Understanding of strengths-based support, which potentially can remove some of those barriers and enhance and enrich their lives.

## Targeted Competencies:

- Understanding the principles and philosophy of person-centered planning PCP.
- Ability to assess individual strengths, preferences, and needs.
- Proficiency in developing personalized goals and objectives.
- Skill in facilitating person-centered meetings and discussions.
- Knowledge of diverse communication techniques to engage individuals in the planning process.
- Competency in identifying and accessing community resources and supports.
- Understanding legal and ethical considerations in PCP.
- Ability to document and track progress towards goals.
- Skill in promoting self-determination and autonomy in individuals.
- Capacity to collaborate effectively with individuals, families, and interdisciplinary teams.

## **Course content:**

### **Unit 1: One Page Description:**

- Learn the core concepts of person-centered approaches and create a one-page description to inform supporters about what is important to the person, how to support that person by knowing what and how, and what to avoid doing to provide better experiences for the person being supported.
- The importance of person-centered approaches - Core values of being person-centered.
- How does our language impact our thinking and actions - using respectful and plain language?
- Describing a person's well-being, identified needs, barriers, and opportunities by building a person-centered description that reflects who the person is and how they want to be supported.

### **Unit 2: Being Person-Centered:**

- Person-centered thinking and practice are focused approaches to delivering services focusing on the individual and their needs.
- Learn to think about the person first and their needs and wishes for their lives.
- Conceptual change for service providers and individuals needing support.
- Person-centered thinking is about the person being at the center of thinking, actions, and planning, and the support they need to achieve a life where services are focused on their vision and dreams of what should be in their lives.
- Being person-centered includes understanding the person's gifts, talents, abilities, preferences, resources, and priorities.
- Learn about the fundamentals of person-centeredness and what we can do to support people in more meaningful ways.
- examine how we shift our thinking about person-centered support.
- enters for Medicare & Medicaid Services, requires it.

### **Unit 3: Person-Centered Thinking:**

- Bedrock of person-centered approaches and is consistent with HCBS requirements.
- Basic knowledge of how to facilitate the use of the skills and tools to support others.
- How to use various skills to discover information to support someone to have a better life?
- Enhance existing service provider knowledge and skills using person-centered planning with adults who experience intellectual disabilities, brain injuries, autism spectrum disorder, and other developmental disabilities.

### **Unit 4: Examine the Implementation and Evaluation of Person-Centered Planning in a Specific Organization:**

- Analyze recent developments in Ireland around person-centered planning.
- Promote empowerment of staff and service users.
- Apply best practices in person-centered planning.

## **Unit 5: Identify Practical Examples of Good Practice in Person-Centered Planning:**

- Recognize the importance of communication in the person-centered planning process and the barriers to effective communication.
- Explain the importance of the need to manage the tensions between the interests of organizations and service users.
- Compare person-centered planning approaches from an Irish and international context.
- Assess a specific organization's commitment to person-centered planning.

## **Unit 6: Analyze a Range of Theories of and Approaches to Person-Centered Planning:**

- Outline relevant Irish legislation in the field of disability and rehabilitation and its effect on the way the person-centered planning process is conducted.
- Assess the challenges for an organization in the person-centered planning process.
- Examine the resources necessary to ensure that person-centered planning will make a significant difference in an individual's life.
- Outline the roles of individuals involved in the person-centered planning process.



**Registration form on the :  
Person-Centered Planning (PCP) Course**

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