



COBIT 5 Foundation & Implementation Training Course

8 – 12 November 2026
Dubai (UAE)





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Ref: 15851_335288 **Date:** 8 – 12 November 2026 **Location:** Dubai (UAE) **Fees:** 4900 Euro

Introduction:

The COBIT 5 Foundation and Implementation training course introduces the COBIT 5 framework, essential for effective IT governance and management. It equips participants with the foundational knowledge of COBIT 5, its principles, processes, and key components. They will learn to apply COBIT 5 to enhance business value, align IT goals with business objectives, and ensure efficient resource management.

The COBIT 5 Foundation and Implementation course covers implementing COBIT 5 in organizations to drive improvements in governance, risk management, and compliance. It is ideal for IT professionals, managers, and consultants looking to understand COBIT 5 and its practical application in modern organizations. It provides an understanding of strategic security planning, policy, and leadership.

Participants will gain insights into information security strategic planning and the principles of strategic security planning, enabling them to align IT security initiatives with organizational goals. The COBIT 5 Foundation and Implementation course emphasizes the importance of IT security strategic planning, policy, and leadership, fostering governance and strategic planning skills for security.

Attendees will explore the role of strategic culture and national security policy, enhancing their security leadership skills for effective decision-making. This COBIT 5 Foundation and Implementation will address security leadership, focusing on security leadership roles and developing security leadership training to prepare leaders for challenges in modern security environments.

Targeted Groups:

- IT Managers and Directors.
- IT Governance Professionals.
- Risk and Compliance Managers.
- Business and IT Consultants.
- Auditors and Internal Control Teams.
- Project Managers and Team Leaders.
- Senior Executives involved in IT Strategy.
- Individuals seeking COBIT 5 certification.

Course Objectives:

At the end of this COBIT 5 Foundation and Implementation course, ts will be:

- Understand the core principles and concepts of COBIT 5.
- Learn how to align IT with business goals and strategies.
- Gain knowledge of COBIT 5's governance and management objectives.
- Learn the process models and their implementation within an organization.
- Understand how to manage IT-related risks and ensure compliance.
- Develop the skills to assess and improve IT governance frameworks.
- Learn the methodology for implementing COBIT 5 in an organization.
- Prepare for COBIT 5 certification and practical application in real-world scenarios.

Targeted Competencies:

At The end of this COBIT 5 Foundation and Implementation course, ts will be:

- Understanding of IT governance frameworks.
- Knowledge of COBIT 5 principles and processes.
- Ability to align IT goals with business objectives.
- Risk management and compliance expertise.
- Proficiency in COBIT 5 implementation strategies.
- Capability to evaluate and improve IT governance.
- Ability to assess IT performance and maturity.
- Skills in managing IT-related risks and controls.

Course Content:

Unit 1: Introduction to COBIT 5 COBIT 5 Foundation and Implementation:

- Understand the purpose and scope of COBIT 5.
- Learn about the evolution of IT governance and the role of COBIT.
- Review the key drivers of IT governance and their importance.
- Explore the COBIT 5 framework components and structure.
- Understand the relationship between COBIT 5 and other frameworks.
- Discuss the COBIT 5 lifecycle and its relevance to IT management.
- Examine the five key principles of COBIT 5.

Unit 2: COBIT 5 Principles and Governance Objectives:

- Learn about the five key principles of COBIT 5.
- Understand how COBIT 5 ensures alignment between IT and business goals.
- Explore the governance and management objectives of COBIT 5.
- Understand the importance of a stakeholder-driven approach.
- Learn how to define and achieve governance objectives using COBIT 5.
- Examine the role of management in IT governance.
- Review how to apply COBIT 5 principles to improve IT operations.

Unit 3: COBIT 5 Process Model:

- Learn about the 37 processes in COBIT 5.
- Understand the structure of the process reference model.
- Explore how processes are linked to governance and management objectives.
- Review the process capability model for assessing IT maturity.
- Learn how to assess and improve existing IT processes using COBIT 5.
- Examine the importance of process integration within an organization.
- Understand the process-related goals and their alignment with business objectives.

Unit 4: Implementing COBIT 5:

- Understand the steps for successfully implementing COBIT 5.
- Learn about the COBIT 5 implementation lifecycle.
- Explore the roles and responsibilities for a successful implementation.
- Discuss how to assess current IT governance practices.
- Identify key challenges and solutions during the implementation process.
- Understand how to set measurable goals for COBIT 5 implementation.
- Learn how to use the implementation guide to tailor COBIT 5 to specific needs.
- Review case studies of successful COBIT 5 implementations.

Unit 5: Assessing and Improving IT Governance with COBIT 5:

- Learn how to use COBIT 5 to evaluate IT performance.
- Understand the importance of continuous improvement in IT governance.
- Explore the COBIT 5 maturity models and their application.
- Learn how to conduct IT governance assessments using COBIT 5.
- Understand how to perform a gap analysis and remediate issues.
- Explore metrics for measuring the effectiveness of IT governance.
- Learn how to create an action plan for improving IT governance practices.
- Understand the role of auditing and monitoring in maintaining COBIT 5 standards.