



MS Excel Skills Integrated Course

29 November – 3 December 2026
Manama (Bahrain)



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Introduction:

The MS Excel Skills Integrated course teaches participants an understanding of Microsoft Excel and focuses on enhancing their proficiency from basic to advanced levels. It covers essential functions, formulas, data analysis, and visualization techniques, empowering individuals to make data-driven decisions and optimize business processes using Excel. Whether new to Excel or looking to improve their existing skills, it will help them master practical applications of Excel for various business and professional needs.

The MS Excel Skills Integrated course helps participants enhance their Microsoft Excel skills, catering to all proficiency levels. It provides training to meet diverse needs, from basic MS Excel skills to intermediate MS Excel skills and progressing to advanced MS Excel skills. Participants will explore what MS Excel skills entail, assess their MS Excel skill levels, and learn techniques to improve MS Excel skills effectively.

With practical exercises and assessments, learners will master basic Microsoft Excel skills, develop intermediate Microsoft Excel skills, and achieve proficiency in advanced Microsoft Excel skills. This MS Excel Skills Integrated training ensures a solid foundation and skill-building opportunities for anyone aiming to excel in Microsoft Excel.

Targeted Groups:

- Business professionals need to improve their Excel skills for data management and analysis.
- Individuals aiming to enhance their data analysis and reporting capabilities.
- Project managers are looking to streamline project tracking and budgeting processes.
- Financial analysts are interested in advanced Excel for financial modeling and forecasting.
- Office administrators seek to optimize data entry, formatting, and manipulation.
- Professionals are preparing for certification in Excel.
- Anyone interested in improving their productivity and efficiency using MS Excel.

Course Objectives:

At the end of this MS Excel Skills Integrated course, the participants will be able to:

- Gain a solid foundation in basic Excel functions such as data entry, formatting, and simple calculations.
- Develop proficiency in intermediate Excel features like conditional formatting, sorting, and filtering.
- Learn advanced functions and techniques for data analysis and decision-making.
- Master pivot tables, data modeling, and scenario analysis tools.
- Improve efficiency and productivity through automation with macros.
- Enhance your ability to create dynamic reports and dashboards for data visualization.
- Apply Excel skills to real-world business challenges and projects.
- Understand how to leverage Excel for financial modeling, forecasting, and budgeting.
- Boost career opportunities with advanced MS Excel expertise.

Targeted Competencies:

By the end of this MS Excel Skills Integrated training, the participant's competencies will:

- Efficient use of MS Excel for everyday business tasks.
- Proficiency in basic and advanced Excel functions and formulas.
- Data analysis and interpretation using Excel's built-in tools.
- Ability to create and format dynamic charts and reports.
- Mastery of pivot tables and data sorting/filtering techniques.
- Skills in automating tasks using macros.
- Knowledge of advanced Excel tools like Power Query and Power Pivot.
- Ability to apply Excel in real-world business scenarios.

Course Content:

Unit 1: Introduction to MS Excel Skills:

- Understand the fundamental purpose and applications of MS Excel.
- Learn the interface, navigation, and essential features of Excel.
- Explore the basics of data entry, formatting, and cell manipulation.
- Get hands-on experience with simple formulas and functions.
- Discover the importance of Excel in managing and analyzing data.
- Create basic charts and graphs to visualize data effectively.
- Build a strong foundation for advancing to intermediate and advanced Excel skills.

Unit 2: Basic Functions and Features:

- Hands-on practice with basic spreadsheet operations such as data entry, formatting, and cell manipulation.
- Introduction to basic formulas and functions for simple calculations and data analysis.
- Guidance on using basic charts and graphs to visualize data effectively.

Unit 3: Intermediate Skills Development:

- Exploration of intermediate MS Excel skills for advancing proficiency.
- In-depth training on more advanced formulas and functions for complex calculations and analysis.
- Practice exercises focusing on data manipulation techniques such as sorting, filtering, and pivot tables.
- Introduction to conditional formatting and data validation for enhancing data presentation and accuracy.
- Hands-on experience with advanced charting techniques for creating insightful visualizations.

Unit 4: Advanced Techniques and Applications:

- Advanced training on specialized MS Excel features and applications for professionals.
- Mastery of advanced functions such as VLOOKUP, IF statements, and nested functions for complex data analysis.
- Practical exercises on data modeling and scenario analysis using What-If Analysis tools.
- Introduction to macros and automation for streamlining repetitive tasks and increasing productivity.

Unit 5: Practical Application and Project Work:

- Integration of learned skills into real-world scenarios and projects.
- Hands-on practice with MS Excel through project-based assignments.
- Application of advanced techniques to solve business challenges and optimize processes.
- Guidance and feedback on project implementation to reinforce learning.

Unit 6: Understanding the Benefits of MS Excel:

- Exploring the benefits of MS Excel in streamlining business operations.
- Enhancing decision-making processes through data analysis and reporting.
- Leveraging MS Excel for financial modeling, forecasting, and budgeting.
- Improving efficiency in project management and tracking with Excel.
- Enhancing collaboration and data-sharing capabilities using MS Excel.

Unit 7: Developing Advanced MS Excel Skills:

- Mastery of advanced formulas and functions for complex calculations.
- Advanced data analysis techniques, including pivot tables and statistical analysis.
- Creating dynamic dashboards and reports for comprehensive insights.
- Harnessing the power of Power Query and Power Pivot for data manipulation.
- Customizing Excel workbooks with advanced formatting and visualization techniques.

Unit 8: Application of MS Excel in Business:

- Exploring real-world uses of MS Excel in various business sectors.
- Case studies and examples demonstrating MS Excel's role in decision-making.
- Customizing MS Excel tools and solutions to address specific business challenges.
- Collaboration and data-sharing strategies for maximizing the impact of MS Excel.
- Leveraging MS Excel certification to advance career opportunities and professional growth.