MERCURY

Essential Skills for Working in Teams: Igniting Passion & Activating Potential (8039)

16 – 20 November 2026
London (UK)



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Ref: 8039_289045 **Date:** 16 – 20 November 2026 **Location:** London (UK) **Fees:** 5800 Euro

Introduction:

The truth about life is our interdependence. Everything we accomplish within an organization is through the efforts of people working together. Despite our technological advances, our competitive advantage lies in our ability to work effectively with other people.

The premise of this team-building and teamwork skills program is that organizations are much more healthy and more productive when their relationships are strong, and people work together. Team members enjoy their work in a highly interactive environment while learning principles and skills to communicate, resolve conflicts, solve problems, make decisions, and maintain a positive work environment.

In our comprehensive team-building and teamwork skills seminar, we delve into the essence of teamwork skills, elucidating their meaning and significance in collaborative and individual work settings. Through dynamic sessions tailored for managers and employees alike, our specialized training program aims to enhance team cohesion, productivity, and synergy.

Participants will engage in interactive exercises and discussions, exploring effective teamwork strategies and learning practical techniques to foster a culture of collaboration within the workplace. From understanding the core principles of teamwork to implementing a team-building strategy, attendees will gain invaluable insights to improve their teamwork skills and overall team performance.

Understanding Teamwork Skills:

In a world that constantly emphasizes the importance of teamwork, it is essential to understand the meaning of teamwork skills. Teamwork skills encompass the ability to work collaboratively towards a common goal, affirming the significance of teamwork and individual contributions to the organization's success. This team-building and teamwork skills course provides a detailed teamwork training seminar and practical team-building training for managers and employees, ensuring everyone is equipped with the relevant competencies.

Participants in this teamwork training course will gain valuable insights into team-building strategies and techniques to build teamwork in the workplace. This team-building and teamwork skills seminar will cover critical topics such as the significance of improving teamwork and teamwork skills and delve into a comprehensive training course outline. Through interactive activities and thoughtful training methods, employees will learn to strengthen their team-building skills, and managers will explore strategies to improve team-building within their departments.

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Our meticulously designed course outline covers essential topics such as defining teamwork skills, distinguishing between teamwork and individual work dynamics, and elucidating the importance of team building in organizational success. Through engaging activities and real-world examples, participants will develop a deeper understanding of building and sustaining effective teams in any professional environment. Unlock the power of teamwork and elevate your team's performance to new heights. Invest in your team's success today with our transformative team-building and teamwork skills seminar.

Targeted Groups:

- Managers, Supervisors, and Team Leaders.
- Human Resources Staff.
- Employees in all departments.

Conference Objectives:

At the end of this team-building and teamwork skills conference, the participants will be able to:

- Study effective team operations.
- Analyze effective communication strategies.
- Understand how to give and receive effective feedback.
- Consider effective team dynamics and decision-making.
- Explore team problem-solving and conflict-resolution mechanisms.
- Examine time management and personal productivity.
- Increase effectiveness in dealing with conflict.

Targeted Competencies:

At the end of this team-building and teamwork skills conference, the participants will be able to:

- Communication skills.
- Time management.
- Decision making.
- Problem-solving.
- Greater levels of personal productivity.

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Conference Content:

Unit 1: Fundamentals of High-Performance Teams:

- Analyzing the basics of team operations.
- Obtaining the benefits of teams.
- Considering the four types of teams.
- Building team performance.
- Understanding the role of the team leader.

Unit 2: Basic Communication:

- The basics of face-to-face communication.
- Creating effective oral communication.
- Making successful presentations.
- Understanding the skill of active listening.
- Overcoming barriers to communications.

Unit 3: Giving and Receiving Feedback:

- Learning to give effective feedback to others with scripts.
- Receiving critical feedback effectively.
- Understanding positive and negative attitudes.
- Dealing with difficult employees.
- Understanding why employees can be difficult.
- Utilizing the Thomas-Kilmann conflict mode instrument.
- Analyzing the various styles for influencing.
- Feedback at Johnson and Johnson.

Unit 4: Group Dynamics:

- Building high-performance team dynamics.
- Avoiding ineffective team dynamics.
- Rating your team group process.
- Understanding different team player styles.
- Examining critical team member competencies.

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Unit 5: Team Decision Making:

- Examining a team decision-making model.
- Utilizing the Vroom-Yetton leadership model.
- Considering methods of group decision-making.
- Inspecting benefits and drawbacks of group decision methods.
- Overcoming barriers to effective decision-making.

Unit 6: Team Problem Solving:

- Defining creative problem-solving.
- Appreciating the difference between left and right brain thinking.
- Obtaining the benefits of brainstorming.
- Making use of de Bono's six thinking hats.
- Considering Von Oech's work on overcoming mental locks.
- Applying the four roles of the creative process.

Unit 7: Conflict Resolution:

- Understanding constructive vs. destructive conflict.
- Obtaining the benefits of positive conflict.
- Digging down to the roots of conflict.
- Employing an effective conflict management model.
- Examining the 5 styles for dealing with conflict.

Unit 8: Time Management:

- Managing time daily.
- Understanding why people procrastinate.
- Setting personal goals in all key areas to guide the use of your time.
- Employing a practical goal-setting formula.
- Understanding the principles of achievement.
- Using the key to your power.
- Examining the impact of your belief system.
- Changing your limiting beliefs.