MERCURY

Person-Centered Planning (PCP) Course

27 – 31 December 2026
Sharm El-Sheikh (Egypt)



Dubai - UAE: +971 4 450 5697
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Ref: 15534_1084602 **Date:** 27 – 31 December 2026 **Location:** Sharm El-Sheikh (Egypt) **Fees:** 4500 Euro

Introduction:

Person-centered planning PCP offers powerful ways to support individuals with disabilities by focusing on their preferences, needs, and aspirations. Throughout our PCP course, we encourage diverse participants, including peers, family members, professional support, and major stakeholders, for a live demonstration or event.

Through this comprehensive person-centered planning PCP course, participants will gain valuable person-centered planning training and the potential to obtain a person-centered planning certification, learn about various person-centered planning tools, and understand the lasting benefits of person-centered planning.

Targeted Groups:

This person-centered planning PCP training is designed for individuals who are involved in the life of someone with disabilities:

- Family members and extended relations.
- Friends and acquaintances.
- Professional support personnel educational and therapeutic.
- Major stakeholders include educational leaders and local authority representatives.

Training Objectives:

On completion of this person-centered planning PCP course, participants will develop:

- Insight into the lives of individuals with disabilities and an appreciation for their potential.
- Understand independent living and maximizing the potential for people with disabilities.
- Ability to identify various barriers, including legal, environmental, and societal.
- Know attitudes and values that honor the complex nature of living with a disability.
- Familiar with strengths-based support to remove barriers and enrich lives.

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Targeted Competencies:

Participants in this person-centered planning PCP training will acquire the following competencies:

- Understand person-centered planning principles and philosophy.
- Skills in individual strengths and needs assessment.
- Development of personalized goals and strategies in person-centered planning.
- Facilitation skills for person-centered meetings.
- Diverse communication techniques for involvement in planning.
- Know community resources for support.
- Legal and ethical considerations in PCP.
- Documentation and progress tracking abilities.
- Promote self-determination and autonomy.
- Collaborate skills with individuals, families, and teams.

Course Content:

Unit 1: One Page Description:

- Introduction to core concepts of person-centered approaches.
- Creation of a one-page description highlighting key personal information.
- The effect of language on thinking and actions in PCP.
- A person-centered summary reflecting individual support needs.

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Unit 2: Being Person-Centered:

- Person-centered thinking and practice are focused approaches to delivering services focusing on the individual and their needs.
- Learn to think about the person first and their needs and wishes for their lives.
- Conceptual change for service providers and individuals needing support.
- Person-centered thinking involves the person being at the center of thinking, actions, and planning, as well as the support they need to achieve a life where services are focused on their vision and dreams of what should be in their lives.
- Being person-centered includes understanding people's gifts, talents, abilities, preferences, resources, and priorities.
- Learn about the fundamentals of person-centeredness and what we can do to support people in more meaningful ways.
- Examine how we shift our thinking about person-centered support.
- Enters for Medicare and Medicaid Services require it.

Unit 3: Person-Centered Thinking:

- Understanding the foundation of person-centered approaches.
- Skills to facilitate person-centered planning tools and skills.
- Discovery of life improvement opportunities through person-centered methods.
- Enhancing knowledge for supporting adults with developmental disabilities.

Unit 4: Implementation and Evaluation of PCP in Specific Organizations:

- Analysis of developments in PCP implementation.
- Best practices for empowering staff and service users.
- Assessment of person-centered planning application.

Unit 5: Practical Examples of Good Practice in PCP:

- Understand communication barriers in PCP.
- Balance organization and service user interests.
- PCP comparison between Irish and international practices.
- Evaluate organizational commitment to PCP.

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Unit 6: Theories and Approaches to PCP:

- Outline relevant Irish legislation in the field of disability and rehabilitation and its effect on the person-centered planning process.
- Assess the challenges for an organization in the person-centered planning process.
- Examine the resources necessary to ensure that person-centered planning will significantly impact an individual's life.
- Outline the roles of individuals involved in the person-centered planning process.