



The Foundation of Leadership Training Course

12 – 16 October 2026
Zanzibar (Tanzania)





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Introduction

The Foundations of Leadership course is specifically crafted as a foundational leadership development course that assists participants in embodying effective, collaborative leadership methodologies within their organizations. It is essential for driving the fullest potential of all team members while focusing on nurturing their leadership abilities and personal character. It is crucial to address strategies that enable the construction of a robust team capable of mutual support, efficient problem-solving, and taking responsibility for outcomes.

Effective leadership stems from the mastery of an inner compass that directs daily decisions and is key to earning the trust of colleagues. By fostering outstanding leaders through this leadership foundations course, organizations can empower individuals at every level and catalyze the success of future business endeavors.

Targeted Groups

- Managers
- Supervisors
- Executive Committee Members
- Team Leaders
- Employees aspiring to enhance their leadership capabilities for career advancement.
- Potential Team Leaders

Course Objectives

Upon completion of this foundation of leadership course, participants will be able to:

- Develop a deeper ability to foster collaboration within their business teams and navigate personal and interpersonal leadership skills.
- Grasp work-based learning methodologies that harmonize theory with practical application and amalgamate knowledge with hands-on experience.
- Extend the foundations for leadership learning across all levels within the organization.
- Craft strategies utilizing personal leadership influence to cultivate powerful, reciprocal relationships within the company.
- Offer leaders various strategies, activities, and case studies designed to effect change on five levels: individual, interpersonal, team, organizational, and network.
- Distinguish the foundational leadership skills requisite for exceptional leadership.
- Delve into the ethical aspects of leadership to instigate enduring outcomes.
- Augment other's perception of oneself as a leader who embodies integrity.
- Generate the optimal cultural environment where people and processes align with the organizational strategy.
- Provide a detailed compendium of applied activities and associated cases that facilitate the acquisition of leadership practices in many institutional contexts.
- Elevate personal efficacy as a leader, building confidence in one's abilities.
- Emerge as an empowering leader who synergizes effective teamwork.
- Lead a well-integrated life harmonizing both work and personal life.
- Navigate integrity-filled leadership even amidst challenging and high-pressure situations.

Targeted Competencies

- Leadership Skills
- Management Skills
- Commitment to Ongoing Learning
- Coaching Capabilities
- Fortifying Personal and Professional Leadership Qualities

Course Content

Unit 1: Transforming the Individual Leader

- Setting personal leadership goals.
- Pathways for individual leadership development.
- Analyzing individual leadership behaviors.
- Understanding the leadership mindset.
- Practicing leadership and promoting organizational citizenship.
- Exploring the concept of leadership hangtime.

Unit 2: Interpersonal Leadership Principles

- Cultivating dialogic leadership skills.
- Broadening the scope of dialogue.
- Amplifying leadership inquiries.
- Fomenting collaborative behaviors.
- Ensuring consistency between espoused values and actions.
- Engaging in peer coaching.

Unit 3: Team-Level Leadership Essentials

- Harnessing facilitative leadership skills.
- Exploring concurrent leadership models.
- Adapting leadership to situational contexts.
- Recognizing the diverse roles within leadership.
- Fostering team development through leadership.
- Strategies for team improvement.

Unit 4: Organizational Leadership Management

- Navigating the change process as a leader.
- Impact of leaders on organizational culture.
- Reinforcing leadership values within the organization.
- Self-awareness in executive leadership roles.
- Cultivating organizational commitment and meaningful work.
- Uncovering personal meaning in leadership.

Unit 5: The Leader's Network

- Managing stakeholder relations.
- Encouraging network citizen behaviors.
- The various roles of a network weaver.
- Effective network management techniques.
- Ensuring quality in knowledge-based relationships.
- Principles of active public engagement.