



Goal Setting, Planning & Decision Making Training Course

9 – 13 November 2026
Cape Town (South Africa)



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As the business environment becomes more competitive, emphasizing effective goal setting, strategic planning, and proficient decision-making skills becomes essential. This comprehensive training course is invaluable for those who seek to sharpen these skills. Not only does the course support individuals in achieving personal and organizational objectives, but it also qualifies as a decision-making training course for those seeking to improve their strategic decision-making abilities.

Introduction

The level of competition in the current business environment requires an increasing focus on practices that assist in setting goals, managing the planning function, and making proper decisions. Businesses, and indeed, all organizations, need to find more productive methods of planning, more appropriate goals, and effective means of making decisions. This means goals are established, plans developed, and decisions made that change processes, procedures, and methods of doing business and better meet customer and stakeholder needs. A focus on using productive practices allows for effective and efficient management of work and making changes in the organization.

The course is designed to give participants an understanding of several management methods, processes, and procedures and to practice several essential management techniques. The principles used are easily adapted to an organizations or individuals work assignments. The course presents a typical, standard management technique methodology using a simple theoretical foundation. It enhances learning with practical activities so students can develop knowledge and skills to manage more effectively and efficiently.

Best Goal Setting Course

In today's fast-paced business world, setting clear and achievable goals is pivotal for success. This course doubles as one of the best goal-setting courses available, seeking to empower managers and team leaders with the competency to not only set but also achieve their organizational and personal milestones. Through structured learning and practical applications, participants will hone their goal-setting prowess.

Targeted Groups

- Managers
- Supervisors
- Team leaders
- Human resources department
- Employees interested in learning crucial skills

Course Objectives

At the end of this course the participants will be able to:

- Understand and develop skills necessary to set goals and complete work on time
- Recognize internal and external influences on our daily planning and decision-making
- Use essential planning process tools to plan a work strategy
- Set goals effectively and efficiently
- Learn how to establish and maintain task deadlines
- Consider methods of improving decision-making
- Understand how delegation can be used in the setting of goals and planning
- Understand the characteristics of colleagues who assist in our teams
- Develop positive interpersonal techniques for better team relationships
- Develop the ability to make higher-quality decisions as individuals and teams
- Improve individual and team performance by establishing productive, effective and efficient management procedures
- Learn to develop effective work plans for individuals and teams
- Learn management techniques to plan, establish priorities and set and maintain goals
- Develop skills in interpersonal interaction to better teamwork
- Display proficiency in developing plans and making good decisions
- Build and maintain effective and efficient procedures in the organization
- Complete work on time and budget
- Improve performance in setting and completing goals

Targeted Competencies

- Project Management
- Planning Management
- Performance Management
- Human Interaction Skill
- Creative Imagination
- Decision Making
- Change Management

Course Content

Unit 1: Current Status of Setting Goals, Planning, and Decision Making

- Overview and context of organizational change and the impact on goals, planning and decision making
- Understanding of the current status of the organization, team and personal work
- Review of management processes and skill areas
- Using a planning process to set goals and get work started

Unit 2: Importance of Goal Setting and Planning Management

- Integrating goals, scope, work structure and management planning
- Identifying initial resource requirements
- Identifying risk techniques that affect work assignments, priorities, and deadlines
- Communication that responds to who, what, where, when, how, why
- Understanding the importance of quality planning in work assignments

Unit 3: Setting Priorities and Making Decisions in the Planning Process

- Using planning to ensure task priorities are established
- Planning for time management, scheduling and meeting deadlines
- Integrating the functions into a final work plan
- Improving communication and listening skills
- Preparing for delegation of responsibility and authority
- Techniques for making good decisions

Unit 4: Working With Your Team

- Identifying the skills required to obtain the help of others
- The importance of group skills to achieve team success
- The importance of interpersonal skills in making personal and team decisions
- Empowering the team through delegation and decision-making
- The importance of effective communication in team relations

Unit 5: Developing Personal and Team Change Action Plans

- Innovation and improvement for personal and team change
- Identification of change processes and human change
- Techniques to set individual and team change goals
- Dealing with people who do not want to change
- Developing an action plan for individual and team change