



Implementing and Auditing CIS Controls (121718)

20 – 24 December 2026
Manama (Bahrain)



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Introduction

The Implementing and Auditing CIS Controls course provides an in-depth understanding of how to implement and audit CIS Controls in modern cybersecurity environments. It focuses on strengthening organizational security posture through the practical application of globally recognized cybersecurity safeguards. Participants will explore how CIS Controls align with broader cybersecurity frameworks such as NIST and ISO standards. The program emphasizes building resilience to evolving cyber threats through the systematic implementation of controls. It highlights audit methodologies for evaluating the effectiveness of security controls across the IT infrastructure. Learners will assess, implement, and audit security controls to reduce cyber risk and improve governance maturity.

Targeted Groups

The Implementing and Auditing CIS Controls training targets professionals seeking knowledge and skills:

- IT security officers are responsible for organizational cyber defense strategies.
- Cybersecurity analysts are involved in threat monitoring and risk mitigation.
- IT auditors evaluate compliance with security frameworks and standards.
- Network administrators manage secure system configurations and access.
- Risk management professionals oversee operational cyber risk exposure.
- Compliance officers ensure alignment with security governance requirements.

Course Objectives

Participants will achieve the following objectives by completing the Implementing and Auditing CIS Controls course:

- Understand the structure, purpose, and application of CIS Controls in cybersecurity environments.
- Develop the ability to effectively implement CIS security safeguards across enterprise systems.
- Analyze cyber risk management principles and apply them within control implementation strategies.
- Evaluate system vulnerabilities and apply mitigation techniques based on CIS best practices.
- Strengthen knowledge of security auditing processes for technical and administrative controls.
- Apply continuous monitoring techniques to ensure ongoing compliance and system protection.
- Integrate cybersecurity governance concepts with operational IT security management practices.

Targeted Competencies

Participants will gain the following competencies during the Implementing and Auditing CIS Controls program:

- Ability to design and implement CIS Controls across diverse IT infrastructures.
- Competence in conducting structured cybersecurity audits using standardized methodologies.
- Skills in identifying system vulnerabilities and applying effective remediation strategies.
- Proficiency in evaluating security control effectiveness and compliance readiness.
- Capability to align cybersecurity frameworks with organizational risk management objectives.
- Expertise in monitoring and improving cyber hygiene practices within enterprise environments.

Studying Scenarios

In this Implementing and Auditing CIS Controls training, participants develop skills through the following scenarios:

- Evaluating a simulated enterprise network to identify missing CIS Controls and propose corrective implementation actions.
- Conducting a mock cybersecurity audit to assess compliance gaps and recommend remediation strategies.
- Analyzing a ransomware incident scenario to map CIS Controls that could have prevented the attack.
- Reviewing organizational security policies to align them with CIS Controls implementation requirements.

Course Content

Unit 1: Introduction to CIS Controls and Cybersecurity Foundations

- CIS Controls overview in cybersecurity defense.
- Evolution of cybersecurity standards and global alignment.
- Cyber threats, attack vectors, and exposure risks.
- Link between CIS, NIST, and ISO frameworks.
- Importance of cyber hygiene for risk reduction.
- Security governance and enterprise risk impact.
- Risk-based decision-making and control prioritization.

Unit 2: Implementing CIS Controls in Enterprise Environments

- Structured CIS Controls implementation approach.
- Asset management for securing digital resources.
- Secure configuration of systems and networks.
- Identity and access control mechanisms.
- Continuous vulnerability management programs.
- Data protection through encryption and backup.
- Establishing baseline security standards.

Unit 3: Security Monitoring and Defensive Operations

- Continuous monitoring for incident detection.
- Log analysis for identifying suspicious activity.
- Endpoint protection against malware threats.
- Network monitoring for real-time defense.
- Security awareness training for users.
- Incident response for rapid containment.
- SOC integration into security operations.

Unit 4: CIS Controls Auditing and Compliance Assessment

- Principles of cybersecurity auditing.
- Audit frameworks for CIS Controls maturity.
- Identifying compliance gaps and weaknesses.
- Documentation and evidence collection methods.
- Risk assessment in cybersecurity audits.
- Reporting findings and improvement actions.
- Continuous compliance monitoring process.

Unit 5: Advanced Risk Management and Continuous Improvement

- Advanced cybersecurity risk management methods.
- Control prioritization using threat intelligence.
- Automation for improved security efficiency.
- KPIs for measuring cybersecurity performance.
- Continuous improvement of security posture.
- Governance for resilience and accountability.
- Aligning security with business continuity.

Final Insights & Key Takeaways

This course equips professionals to systematically implement and evaluate the CIS Controls to strengthen organizational cybersecurity resilience. It builds a practical understanding of security governance, audit readiness, and risk-driven control management for modern digital environments.