



Industrial Hygiene Professional: Chemical Exposure Assessment, Sampling & Control

1 – 5 November 2026
Manama (Bahrain)



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Introduction

This Industrial Hygiene Professional: Chemical Exposure Assessment, Sampling & Control program provides a foundation in industrial hygiene with a focus on chemical exposure assessment in workplace environments. It explains how chemical agents impact occupational health and safety across different industries. Participants will learn how exposure occurs, how to measure it, and how to evaluate it in accordance with professional standards. The course integrates exposure sampling strategies used in real industrial settings. It emphasizes how to interpret exposure data relative to occupational exposure limits OELs. It builds the capability to design effective exposure-control systems that protect workers and ensure compliance.

Targeted Groups

This Industrial Hygiene Professional: Chemical Exposure Assessment, Sampling & Control program targets professionals seeking knowledge and skills:

- Industrial hygienists seeking to advance their exposure assessment skills.
- HSE professionals managing chemical exposure in workplaces.
- Occupational health officers improve monitoring programs.
- Safety engineers designing exposure sampling strategies.
- Compliance auditors focus on exposure standards.
- Laboratory technicians supporting air sampling analysis.
- Risk managers evaluating workplace chemical hazards.

Course Objectives

Participants will achieve the following objectives by completing the Industrial Hygiene Professional: Chemical Exposure Assessment, Sampling & Control course:

- Clearly define the principles of industrial hygiene and the fundamentals of chemical exposure assessment in workplace contexts.
- Identify chemical hazards, exposure routes, and occupational health risks effectively in workplaces and control exposure.
- Apply exposure assessment frameworks and occupational exposure limits in industrial settings to ensure compliance with safety standards.
- Conduct hazard identification and exposure characterization using structured risk assessment methods.
- Analyze similar exposure groups and workplace exposure profiles to evaluate workplace environments accurately.
- Design air sampling strategies and personal monitoring programs effectively in occupational hygiene.
- Interpret exposure data against limits and variability trends for compliance decisions.
- Implement control measures using the hierarchy of controls approach to reduce exposure risks.

Targeted Competencies

Participants will gain the following competencies during the Industrial Hygiene Professional: Chemical Exposure Assessment, Sampling & Control program:

- Apply industrial hygiene principles in chemical exposure assessment contexts effectively with practical insight.
- Effectively design exposure monitoring and sampling strategies in workplaces to reduce risk.
- Evaluate occupational exposure limits and compliance requirements accurately in practice to ensure compliance.
- Analyze exposure variability and risk characterization outputs to support decision-making.
- Design air and personal sampling programs for exposure assessment.
- Interpret exposure data for decision-making in industrial hygiene.
- Implement exposure control and reporting systems for workplace safety.

Studying Scenarios

In this Industrial Hygiene Professional: Chemical Exposure Assessment, Sampling & Control training, participants develop skills through the following scenarios:

- Workplace chemical hazard identification and exposure mapping exercises in real workplaces.
- Air sampling plan development for industrial environments and monitoring design.
- Exposure data interpretation against occupational limits for compliance review.
- Control strategy selection using a hierarchy of controls to mitigate risk.

Course Content

Unit 1: Fundamentals of Industrial Hygiene and Chemical Exposure

- Principles of Industrial Hygiene.
- Types of Chemical Hazards.
- Routes of Exposure.
- Occupational Health Effects.
- Exposure Assessment Framework.
- Occupational Exposure Limits OELs.

Unit 2: Chemical Exposure Assessment Methodologies

- Hazard Identification Techniques.
- Exposure Characterization.
- Similar Exposure Groups SEGs.
- Workplace Exposure Profiles.
- Exposure Determinants.
- Risk-Based Exposure Assessment.

Unit 3: Chemical Exposure Sampling Strategies

- Air Sampling Principles.
- Personal Exposure Monitoring.
- Area Monitoring Programs.
- Sampling Plans and Objectives.
- Sampling Equipment Selection.
- Data Quality Considerations.

Unit 4: Exposure Evaluation and Interpretation

- Exposure Data Analysis.
- Comparison Against Exposure Limits.
- Exposure Trend Evaluation.
- Compliance Assessment.
- Exposure Variability.
- Risk Characterization.

Unit 5: Exposure Control and Management

- Hierarchy of Controls.
- Engineering Controls.
- Administrative Controls.
- Personal Protective Equipment PPE.
- Exposure Control Programs.
- Reporting and Documentation.

Final Insights & Key Takeaways

Industrial hygiene and chemical exposure assessment form the backbone of modern occupational health and safety programs. Mastery of exposure sampling, evaluation, and control ensures effective risk reduction and regulatory compliance in complex workplace environments.