



High-Impact Coaching & Mentoring for Leaders Strategy

9 – 13 November 2026
Rome (Italy)



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Introduction

In today's competitive, fast-evolving business environment, leaders will do more than manage performance—they must actively develop people and unlock their potential. This High-Impact Coaching & Mentoring for Leaders Strategy course equips leaders with advanced coaching and mentoring strategies that drive measurable impact at the individual and team levels. It focuses on building structured coaching frameworks, enhancing leadership communication, and aligning mentoring practices with organizational goals. Participants will explore how to foster accountability, improve employee engagement, and cultivate a high-performance culture through intentional development conversations. The program emphasizes the strategic integration of coaching into leadership practices to support succession planning and talent development. Participants will apply practical, results-oriented coaching techniques that deliver sustainable leadership effectiveness.

Targeted Groups

This High-Impact Coaching & Mentoring for Leaders Strategy training targets professionals seeking knowledge and skills:

- Senior managers leading diverse teams.
- Team leaders aiming to improve performance.
- HR professionals managing talent development.
- Executives responsible for leadership growth.
- Project managers handling cross-functional teams.
- Organizational development specialists.
- Business unit leaders focused on engagement.
- Professionals transitioning into leadership roles.

Course Objectives

Participants will achieve the following objectives by completing the High-Impact Coaching & Mentoring for Leaders Strategy course:

- Understand core principles of effective coaching and mentoring.
- Differentiate between coaching, mentoring, and leadership styles.
- Apply structured coaching frameworks in real workplace situations.
- Develop advanced communication and active listening skills.
- Enhance employee performance through targeted coaching strategies.
- Build trust and psychological safety within teams.
- Align coaching practices with organizational goals and KPIs.
- Design mentoring programs that support leadership development.
- Identify strengths and development areas using practical tools.
- Foster accountability and ownership among team members.
- Improve decision-making through guided coaching conversations.
- Support career growth and succession planning initiatives.
- Measure coaching effectiveness using performance indicators.

Targeted Competencies

Participants will gain the following competencies during the High-Impact Coaching & Mentoring for Leaders Strategy program:

- Strategic coaching and mentoring planning.
- Advanced interpersonal communication skills.
- Performance coaching and feedback delivery.
- Emotional intelligence in leadership contexts.
- Structured problem-solving through coaching dialogue.
- Talent development and capability building.
- Conflict resolution through coaching techniques.
- Active listening and questioning mastery.
- Building high-performing team cultures.
- Coaching for employee engagement and retention.

Studying Scenarios

In this High-Impact Coaching & Mentoring for Leaders Strategy training, participants develop skills through the following scenarios:

- Coaching underperforming employees toward improvement.
- Mentoring high-potential staff for leadership readiness.
- Managing difficult conversations with confidence.
- Supporting team members through organizational change.
- Enhancing motivation in low-engagement environments.
- Aligning individual goals with business objectives.

Course Content

Unit 1: Foundations of High-Impact Coaching and Mentoring

- Define coaching and mentoring in leadership contexts.
- Identify differences between coaching, mentoring, and managing.
- Explore leadership coaching models and frameworks.
- Understand the role of coaching in modern organizations.
- Recognize the impact of coaching on employee performance.
- Examine the psychology of learning and development.
- Analyze barriers to effective coaching relationships.
- Develop a coaching mindset for leaders.
- Establish ethical standards in mentoring practices.

Unit 2: Coaching Skills for Effective Leadership Development

- Build advanced active listening techniques.
- Use powerful questioning to drive insights.
- Apply structured coaching conversation models.
- Develop rapport and trust with team members.
- Deliver constructive and actionable feedback.
- Identify individual strengths and growth areas.
- Practice emotional intelligence in coaching situations.
- Manage resistance and defensiveness professionally.
- Adapt coaching styles to different personalities.

Unit 3: Strategic Mentoring and Talent Development

- Design structured mentoring programs for organizations.
- Align mentoring initiatives with business strategy.
- Support leadership pipeline and succession planning.
- Develop long-term employee growth strategies.
- Match mentors and mentees effectively.
- Evaluate mentoring outcomes and impact.
- Encourage knowledge sharing across teams.
- Foster continuous learning environments.
- Integrate mentoring into performance management systems.

Unit 4: Performance Coaching and Team Effectiveness

- Set clear performance goals through coaching.
- Monitor progress using measurable indicators.
- Improve productivity through targeted coaching strategies.
- Address underperformance with structured approaches.
- Build accountability within teams.
- Enhance collaboration through coaching practices.
- Apply coaching to improve decision-making skills.
- Strengthen leadership presence in team interactions.
- Promote engagement and motivation through coaching.

Unit 5: Embedding Coaching Culture in Organizations

- Develop a coaching culture across leadership levels.
- Integrate coaching into daily management practices.
- Align coaching strategies with organizational objectives.
- Train leaders to become effective internal coaches.
- Measure return on investment in coaching initiatives.
- Use digital tools to support coaching and mentoring.
- Promote continuous improvement through feedback loops.
- Sustain long-term coaching impact within teams.
- Evaluate and refine coaching strategies over time.

Final Insights & Key Takeaways

High-impact coaching and mentoring are essential leadership capabilities that drive sustainable performance and talent development. Leaders who embed structured coaching strategies into their daily practice create stronger teams, higher engagement, and long-term organizational success.