



HR Training for Managers: Essential Skills & Best Practices

12 – 16 October 2026
Rome (Italy)



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Introduction

Human Resources HR has evolved into a strategic function that empowers organizational performance, culture, and sustainable growth. The HR Training for Managers: Essential Skills & Best Practices course provides managers with the knowledge and tools to align people management with business goals. This course deepens understanding of performance management, employee relations, legal compliance, and talent optimization. It equips managers with confidence to handle complex HR-related decisions and build productive teams. Participants will learn to implement ethical, inclusive practices that strengthen employee engagement and retention. The content blends theory with practical frameworks to improve leadership and HR execution capabilities.

Targeted Groups

This HR Training for Managers: Essential Skills & Best Practices training targets professionals seeking knowledge and skills:

- Mid-level managers aiming to improve people management effectiveness.
- Senior leaders are responsible for team performance and organizational culture.
- New supervisors transitioning into leadership roles with HR responsibilities.
- HR professionals are seeking updated strategies and managerial perspectives.
- Team leads are accountable for employee development and performance coaching.

Course Objectives

Participants will achieve the following objectives by completing the HR Training for Managers: Essential Skills & Best Practices course:

- Understand the role of HR in organizational success and strategic leadership.
- Apply best practices in performance management and employee assessment.
- Interpret legal and ethical guidelines for fair and compliant HR decisions.
- Design actionable plans to strengthen workplace morale and engagement.
- Develop skills in handling difficult conversations and conflict resolution.
- Analyze workforce needs and align talent strategies with business priorities.
- Use communication strategies that support inclusion, motivation, and trust.
- Evaluate HR metrics to inform performance improvement initiatives.
- Integrate cultural awareness into people management processes.

Targeted Competencies

Participants will gain the following competencies during the HR Training for Managers: Essential Skills & Best Practices program:

- Mastery of performance evaluation frameworks that drive accountability and growth.
- Competence in applying labor law fundamentals and ethical HR standards.
- Ability to lead effective recruitment, onboarding, and retention strategies.
- Skill in fostering positive employee relations and managing workplace diversity.
- Capability to implement learning and development plans that reinforce skills.
- Confidence in coaching teams through feedback, recognition, and motivation.
- Proficiency in interpreting HR analytics to make strategic decisions.
- Facility with resolving conflicts and promoting collaborative work cultures.
- Expertise in creating HR plans that support business objectives and change management.

Studying Scenarios

In this HR Training for Managers: Essential Skills & Best Practices training, participants develop skills through the following scenarios:

- Evaluate a performance review discussion to improve feedback quality.
- Analyze a workplace conflict case and devise a resolution strategy.
- Interpret legal issues in employee discipline to ensure compliance.
- Draft an engagement initiative that strengthens team motivation.
- Identify talent gaps and recommend developmental solutions.

Course Content

Unit 1: Foundations of HR Management for Leaders

- Define the evolving role of HR in organizational strategy and leadership.
- Explain how HR processes influence culture, productivity, and retention.
- Distinguish between administrative HR tasks and strategic people management.
- Describe the manager's responsibilities in performance development cycles.
- Summarize ethical considerations in HR decisions and workplace fairness.
- Identify HR terminology and key concepts used in leadership communication.
- Connect people management practices to business performance outcomes.
- Recognize the impact of leadership behaviors on team engagement and morale.

Unit 2: Performance Management and Employee Development

- Describe performance management frameworks that support continuous improvement.
- Explain how to set clear goals and expectations aligned with business objectives.
- Distinguish different performance appraisal methods and their applications.
- Conduct performance discussions with clarity, empathy, and accountability.
- Explore strategies for individualized coaching and employee growth plans.
- Apply approaches to recognize achievement and reinforce positive behavior.
- Analyze performance data to inform development and reward processes.
- Identify common performance challenges and remedies to sustain improvement.

Unit 3: Legal Compliance, Policies, and Ethical HR Practices

- Interpret employment laws that affect manager decision-making and accountability.
- Explain anti-discrimination policies and promote inclusive workplace practices.
- Demonstrate understanding of confidentiality and privacy requirements.
- Apply processes for compliant hiring, onboarding, and termination procedures.
- Identify ethical dilemmas in HR and explore decision-making frameworks.
- Establish workplace guidelines that support fairness and transparency.
- Recognize reporting obligations for harassment, safety, and legal inquiries.

Unit 4: Employee Engagement and Organizational Culture

- Define employee engagement and its role in performance and retention.
- Explain how culture influences teamwork, innovation, and workplace experience.
- Assess engagement drivers and barriers using practical evaluation tools.
- Design initiatives that cultivate motivation, recognition, and belonging.
- Explore approaches to promote diversity, equity, and inclusion at work.
- Apply communication skills that reinforce trust and psychological safety.
- Connect organizational values to everyday behavior and leadership actions.

Unit 5: Strategic HR Decision Making and Analytics

- Identify key HR metrics that inform workforce planning and talent strategies.
- Analyze data to forecast staffing needs and resource allocation.
- Use insights to optimize recruitment, retention, and talent pipelines.
- Explain predictive trends in employee turnover and performance outcomes.
- Integrate HR data into strategic planning and operational decisions.
- Design dashboards and reporting tools to communicate insights to stakeholders.
- Align HR analytics with business objectives for measurable impact.
- Evaluate case examples to refine strategic HR decisions and problem-solving.



Final Insights & Key Takeaways

Managers completing this training will be ready to lead with confidence, make evidence-based HR decisions, and cultivate high-performing teams. They will emerge with practical skills that support ethical, compliant, and people-centric leadership.