



Establishing and Leading an Effective EPMO

20 – 24 December 2026
Manama (Bahrain)



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Introduction

This course on Establishing and Leading an Effective EPMO equips professionals with the knowledge and skills required to implement a high-performing Enterprise Project Management Office. Participants will explore strategic alignment, governance frameworks, and performance measurement techniques. The course emphasizes practical approaches to managing portfolios, programs, and projects effectively. Attendees will learn how to drive organizational efficiency and deliver measurable results. The program provides a balance of theory and applied case studies. By the end, participants will establish and lead an impactful EPMO that supports organizational objectives.

Targeted Groups

Establishing and Leading an Effective EPMO targets professionals seeking specialized knowledge and skills:

- Project managers seeking EPMO leadership roles.
- Program managers aim to align portfolios with strategy.
- PMO directors and coordinators.
- Senior executives oversee project governance.
- Portfolio managers are responsible for strategic initiatives.
- Business analysts support project selection and prioritization.
- Change management professionals are linked to project delivery.

Course Objectives

Participants will achieve the following objectives by completing the Establishing and Leading an Effective EPMO course:

- Understand EPMO roles and responsibilities.
- Align projects with organizational strategy.
- Implement governance and reporting frameworks.
- Develop performance measurement systems.
- Optimize resource allocation across programs.
- Enhance project portfolio oversight.
- Improve stakeholder communication and engagement.
- Foster continuous improvement in project delivery.
- Apply best practices for risk and issue management.
- Drive organizational efficiency and measurable outcomes.

Targeted Competencies

Participants will gain the following competencies during the program:

- Strategic alignment of projects and portfolios.
- EPMO governance and policy development.
- Portfolio prioritization and resource optimization.
- Performance monitoring and KPI management.
- Risk assessment and mitigation strategies.
- Stakeholder engagement and communication.
- Change management integration with EPMO.
- Analytical skills for decision-making in portfolio management.

Studying Scenarios

In this training, participants will develop their skills through the analysis of the following scenarios:

- Designing an EPMO for a large enterprise.
- Implementing governance frameworks across departments.
- Prioritizing projects to match strategic goals.
- Managing resource conflicts across programs.
- Reporting portfolio performance to executives.
- Evaluating risk and ensuring compliance.
- Addressing stakeholder resistance to change.

Course Content

Unit 1: Introduction to EPMO

- Definition and purpose of an EPMO.
- Key roles and responsibilities.
- Differences between PMO, EPMO, and program offices.
- Benefits of a centralized project management office.
- Stakeholder expectations and alignment.
- Strategic value creation through EPMO.

Unit 2: Governance and Frameworks

- Establishing EPMO policies and procedures.
- Project selection and prioritization methods.
- Standardizing project documentation.
- Developing governance structures for compliance.
- Decision-making processes within EPMO.
- Ensuring alignment with organizational strategy.

Unit 3: Portfolio and Resource Management

- Portfolio management principles and best practices.
- Aligning projects with strategic objectives.
- Resource allocation and capacity planning.
- Managing interdependencies across programs.
- Optimizing workload distribution.
- Techniques for monitoring portfolio health.

Unit 4: Performance Measurement and Reporting

- Key performance indicators for EPMO success.
- Designing dashboards and reporting systems.
- Metrics for project, program, and portfolio evaluation.
- Tracking progress against strategic goals.
- Identifying performance gaps.
- Data-driven decision-making techniques.

Unit 5: Leadership and Change Management

- Leading EPMO teams effectively.
- Developing stakeholder engagement strategies.
- Managing organizational change linked to projects.
- Conflict resolution and issue escalation.
- Driving continuous improvement initiatives.
- Ensuring the sustainability of EPMO practices.

Final Insights & Key Takeaways

Participants will leave equipped to establish and lead an EPMO that drives organizational success. They will gain actionable skills to align strategy, optimize portfolios, and enhance governance.