



Hospital Operations: Patient Flow, Capacity, and Resource Planning

22 – 26 November 2026
Manama (Bahrain)



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Introduction:

Efficient hospital operations are critical to providing high-quality, timely, and cost-effective healthcare services. This Hospital Operations: Patient Flow, Capacity, and Resource Planning training course examines the key strategies and tools for optimizing patient throughput and allocating resources efficiently. It highlights the operational challenges that healthcare institutions face in delivering patient-centered care amid limited resources.

The Hospital Operations: Patient Flow, Capacity, and Resource Planning course offers an understanding of how to optimize workflows, enhance bed management, minimize waiting times, and align staffing levels with demand. Learners will gain insights into performance improvement models, predictive analytics, and evidence-based decision-making. It addresses demand forecasting and surge capacity planning in hospital environments. Participants will design, analyze, and manage processes that improve operational efficiency and patient outcomes.

Targeted Groups:

This Hospital Operations: Patient Flow, Capacity, and Resource Planning training targets professionals seeking specialized knowledge and skills:

- Hospital administrators are responsible for operational efficiency.
- Health services managers and clinical coordinators.
- Emergency department leaders and nursing supervisors.
- Healthcare consultants focus on performance improvement.
- Medical directors and clinical pathway developers.
- Quality assurance and patient safety officers.
- Facility planners and hospital logistics personnel.
- Health IT professionals are involved in capacity planning tools.
- Policy makers in the healthcare system optimization.
- Academic professionals in hospital management programs.

Targeted Competencies:

Participants will gain the following competencies during the Hospital Operations: Patient Flow, Capacity, and Resource Planning program:

- Strategic hospital workflow planning.
- Critical analysis of patient throughput issues.
- Competence in hospital resource modeling.
- Skills in interpreting operational performance indicators.
- Decision-making using predictive and real-time data.
- Communication across clinical and operational teams.
- Capability to design capacity management strategies.
- Process improvement and redesign planning.
- Confidence in navigating surge and crisis planning.
- Knowledge of digital tools for patient flow management.

Course Objectives:

Participants will achieve the following objectives by completing the Hospital Operations: Patient Flow, Capacity, and Resource Planning course:

- Understand key concepts of hospital operations and workflow optimization.
- Analyze bottlenecks in patient movement from admission to discharge.
- Design efficient patient flow models for diverse clinical environments.
- Apply forecasting methods for inpatient and outpatient capacity.
- Evaluate hospital resource utilization for improved service delivery.
- Develop contingency strategies for peak capacity and surge scenarios.
- Integrate real-time data and analytics into planning decisions.
- Improve scheduling processes and reduce the length of stay.
- Identify performance metrics that drive operational improvements.
- Recommend policy and process changes that align with hospital goals.
- Collaborate effectively with multidisciplinary teams to streamline care pathways.
- Implement lean principles to enhance patient flow and reduce waste.
- Utilize simulation tools for testing hospital layout and throughput.
- Formulate patient-centric solutions using demand-based planning.

Course Content:

Unit 1: Fundamentals of Hospital Operations and Flow Efficiency:

- Introduction to healthcare systems and operational complexity.
- Defining patient flow and its impact on care delivery.
- Overview of hospital departments and interdependencies.
- Identifying barriers to efficient patient movement.
- Core metrics for hospital efficiency and performance.
- Role of operations management in healthcare delivery.
- Concepts of continuous improvement in hospital settings.
- The Relationship between Patient Flow and Healthcare Quality
- Case examples of poorly managed flow consequences.

Unit 2: Capacity Planning and Resource Allocation in Hospitals:

- Understanding bed capacity, resource allocation, and workforce planning.
- Demand forecasting models for inpatient and outpatient services.
- Real-time capacity tracking and visualization tools.
- Aligning human resources with patient demand curves.
- Techniques for managing elective vs. emergency admissions.
- Planning for seasonal surges and public health emergencies.
- Staff scheduling based on acuity and workload analysis.
- Integrating clinical staffing models with hospital operations.
- Capacity contingency plans and escalation protocols.

Unit 3: Patient Flow Design and Optimization:

- Mapping patient journeys from entry to discharge.
- Reducing emergency department overcrowding.
- Enhancing admission, transfer, and discharge coordination.
- Standardizing processes for care transitions.
- Applying lean principles and Six Sigma in patient flow.
- Use of simulation to optimize flow in bottleneck areas.
- Design strategies for fast-track units and triage improvements.
- Technologies supporting bed management and scheduling.
- Role of communication in flow synchronization.

Unit 4: Analytics, Tools, and Data-Driven Planning:

- Role of data analytics in hospital operations.
- KPIs for flow, utilization, and turnaround time.
- Predictive analytics to anticipate capacity strain.
- Dashboards for real-time monitoring of hospital operations.
- Integration of EHR systems in operational planning.
- Use of patient flow simulation software.
- Benchmarking against industry standards and peer institutions.
- Scenario planning and impact forecasting.
- Interpreting flow and resource data for leadership reporting.

Unit 5: Strategic Planning and Operational Sustainability:

- Building long-term strategies for hospital optimization.
- Policy Frameworks for Capacity Planning in Public Health.
- Developing collaborative operational governance models.
- Training clinical leaders in operational management.
- Sustainability planning for workforce and resource use.
- Incorporating patient experience into operational decisions.
- Aligning hospital operations with national health goals.
- Change management in operational transformation.
- Lessons from global hospital systems and best practices.

Final Insights & Key Takeaways:

Efficient hospital operations are central to ensuring quality patient care and sustainable healthcare delivery. Effective patient flow, smart capacity planning, and resource optimization are vital to managing hospital demands. This Hospital Operations: Patient Flow, Capacity, and Resource Planning course equips participants with proven strategies and analytical tools for making informed, data-driven decisions in real-time. They will lead operational improvements that strike a balance between clinical quality and operational efficiency.